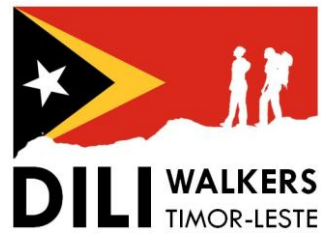


Mt Coulou Loop



Dare / Balibar

[Route map](#)

7/10 difficulty

2.5 hours

8.3km up 393m

[Video](#)

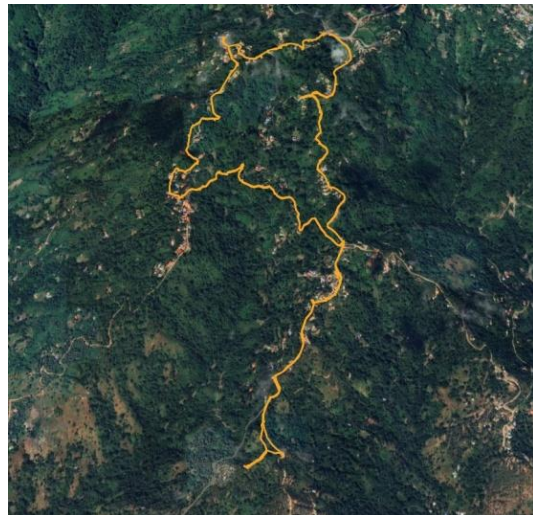
A walk in the hills from Balibar down to the hamlet of Maliqueo in Ailok, and the summit of Mt Coulou, before returning back uphill via a different route to complete the loop. There are spectacular views across the city, and on the walk look out for two Uma Lulik, an open air chapel, and a shrine to the Virgin Mary.

Difficulty rationale – Decent descent to start with, it can be slippery, before summiting Mt Coulou and walking back uphill. Unusual for a Dili walk in not starting with a hill, but it is mainly dirt roads (plus a bit of sealed road to Mt Coulou), and there is more shade than usual (particularly on the ascent)

Meet at [Dili Convention Centre](#)

Microlets 1, 2, 4, 5, 8 and 9

Carpool to just past [Balibar Church](#)



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