

River Deep Mountain High (Hard)



Dare / Balibar

[Route map](#)

10/10 difficulty

3 hours

7.9km up 473m

[Video](#)

This circular walk on the far side of the valley provides beautiful views of lush hillsides and ultimately vistas back to Dili and Cristo Rei. Initially descending to relax a little on the banks of a river, the hike really heats up with the long relentless 90-minute climb back out of a valley. The path is fairly well defined, but a little muddy and slippery, especially during the rainy season. Leeches are an added hazard to watch out for.

Difficulty rationale – Paths not well defined. Long descent down to river before returning back uphill. Wear good shoes to help with the slippery paths, and long trousers & sleeves to protect against the tall grasses.

Meet at [Dili Convention Centre](#)

Microlets 1, 2, 4, 5, 8 and 9

Carpool to [Cotolou football field](#)



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